

**2019
Mental Health First Aid Training
Assisting People in Crisis**

8 hours - SELECT FROM ANY DATE

School of
**EMERGENCY
SERVICES**



Course Location:

Daytona State College
ATC Campus
1770 Technology Blvd.
Off N. Williamson Blvd
Daytona Beach, Fl. 32117
386- 506-4141

**MULTIPLE DATES
TO CHOOSE FROM:**

January 18, 2019
February 21, 2019
March 28, 2019

ALL OF THESE ARE

8:00 am- 5:00 pm
1 hour for lunch

OR SELECT

April 30 – May 1, 2019
Class is 6:00 pm-10:00 pm
Both Nights

**NO COST TO
ATTEND**

*Students must attend all
sessions of the course.*

For more classes

Visit our web site at:
www.daytonastate.edu/ses/cj
then click on Schedule

For Questions

(386) 506-4141
robin.davis@daytonastate.edu

Mental Health First Aid helps you assist someone experiencing a mental health or a substance use-related crisis. Topics include risk factors and warning signs for mental health, addiction concerns, and strategies for how to help someone in both crisis and non-crisis situations, and where to refer people for help in your community.

It is one of the best classes you'll ever take!

Mental Health First Aid provides you with alternatives to use of force, and appropriate strategies to communicate safely with persons in crisis. A Training Workbook is provided.

Topics Covered Include:

- De-Escalation Methods to use
- Depression and mood disorders
- Anxiety disorders
- Trauma, Psychosis
- Substance use disorders
- Autism

Interventions Learned for

- Panic attacks
- Suicidal thoughts or behaviors, Non-suicidal self-injury
- Acute psychosis (e.g., hallucinations or delusions)
- Overdose or withdrawal from alcohol or drug use
- Reaction to a traumatic event, PTSD, Baker / Marchman Act

Presented by Lead Instructor:

Salvatore Gintoli, Sr. Director , M.A. , SMA Behavioral

TO REGISTER

If you are interested in attending this training call the Training Office at 386- 506-4204
Or EMAIL a DSC Training Registration Form from our web site to:

Sarah.Carter@daytonastate.edu

**THIS COURSE IS FREE TO ALL OFFICERS, FIRST RESPONDERS,
FIRE FIGHTERS, & EMS AND AGENCY SUPPORT PERSONNEL**

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