

Rescuing the Rescuers

**Friday
February 8th, 2019
8:30 AM – 4:00 PM**

Host Location:
Daytona State College
School of Emergency Services
1770 Technology Blvd.
Daytona Beach, FL 32114
Off N. Williamson Blvd.
(386) 506-4204

Instructor:

Dr. Robert J. Cipriano Jr. is a FL licensed Psychologist and is Board Certified in Police and Public Safety Psychology by the American Board of Professional Psychology. His area of specialization include utilizing his clinical skills operationally to target the spectrum of trauma and violence as well as understanding and managing aspects of PTSD.

To register online:

<http://www.regonline.com/DaytonaCISD18>

Cost:

\$175 per person.
Call for group discounts.

Questions?

Kathleen M. O'Donnell

Public Grants & Training Initiatives

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(847) 875 – 3620



Topics Include:

Mechanics to Conducting Critical Incident Stress Debriefings-- "Rescuing the Rescuers"

- Post Trauma Stress
- Post Trauma Stress Reactions
- Vicarious Traumatization

Post-Traumatic Stress Disorder (PTSD)

- Symptoms
- Axis I Disorders and Definitions
- Fight or Flight Reactions with PTSD
- Common Response to Trauma is Denial

Four Tools Used in Critical Incident Stress Management

- Demobilization, Crisis Management Briefings, Debriefings
- Debriefing Defined
- Benefits of Debriefing
- Trained De-briefers
- Debriefing Model (Roundtable and Group Exercises)
- Communication Techniques- Review of Active Listening Skills (Exercises)

This 7-hour contemporary mental health training class will assist supervisors, trainers and officers in recognizing trauma stress reactions in others, particularly the signs of vicarious traumatization & secondary traumatic stress along with learning the process of demobilization and critical incident stress management/debriefing. Specific steps on how to conduct critical incident debriefings will be covered. First Responders in today's police agencies must learn how to recognize, and provided initial mental health care and referral for those co-workers/colleagues and first responders who have experienced trauma in their lives or who may experience or have PTSD.

This seminar is for LEO's and Correctional personnel such as Officers, SRO's, Command Staff, & Specialized Units; Peer Support Specialists, EMS, Fire, and Military Professionals