

# Getting started with Teladoc



**Teladoc gives you access 24 hours, 7 days a week to a U.S. board-certified doctor through the convenience of phone, video or mobile app visits. Set up your account today so when you need care now, a Teladoc doctor is just a call or click away.**



**1**

**Online:**

Go to [Teladoc.com](http://Teladoc.com) and click "set up account".

**Mobile app:**

Download the app and click "Activate account". Visit [teladoc.com/mobile](http://teladoc.com/mobile) to download the app.

**Call Teladoc:**

Teladoc can help you register your account over the phone.

## SET UP YOUR ACCOUNT

Set up your account by phone, web or mobile app.



**2**

## PROVIDE MEDICAL HISTORY

Your medical history provides Teladoc doctors with the information they need to make an accurate diagnosis.



**3**

## REQUEST A CONSULT

Once your account is set up, request a consult anytime you need care. And talk to a doctor by phone, web or mobile app.

H.S.A. members pay \$45 until deductible is met.

Talk to a doctor anytime for **\$10/ HSA up to \$45**



Teladoc.com



1-800-Teladoc (835-2362)



Available on the iPhone

**App Store**



GET IT ON

**Google Play**