



# Leading through **Change**

## May 2026

### Change is Inevitable. Growth is Optional.

Leading change requires uniting people and creating experiences that unveil new possibilities. Today's business leaders face dynamic environments that requires continual transformation of products, processes, and people. Team leaders play an essential role in this transformation.

Change is always happening and effective team leadership means managing teams through the ongoing transition processes that facilitate change. Identifying and removing obstacles that can hinder the productive teamwork required to make these transition processes smooth is essential.

Here are a few strategies you can employ to support effective and long-lasting change:

- Be open, honest, and transparent about changes impacting your team.
- Listen and understand the factors creating resistance for your team to embrace the change.
- Identify and overcome obstacles preventing change from taking place.
- Adjust team goals to align yourselves with the change.

To learn more, consider launching one of the recommended featured assets on the right.

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For more information, contact the [Department of Learning & Development](#) by email: [ProDevo@DaytonaState.edu](mailto:ProDevo@DaytonaState.edu)

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