STUDY FOR SUCCESS

How to make more effective use of your time
STRATEGIES

• Find an effective study space

• Start studying sooner rather than later

• Set realistic study goals
MAKE A STUDY SCHEDULE

• Do your schedule on Sunday evening

• Plan 2 hours of study for every 1 hour in class

• Allow a 10 minute break for every 50 minutes of study

• Tackle what is most difficult for you first
Utilize your course calendar in planning your study schedule

• Identify the content to be studied

• Divide it into small sections

• Be sure to include time for yourself and family on your schedule
STUDY TIME

• Uninterrupted

• Morning vs. Evening

• 1-2 hours at a time
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ACTIVE STUDY TECHNIQUES

• Read out loud

• Rephrase it in your own words

• Teach the material

• Make flash cards
ACTIVE STUDY
TECHNIQUES Cont.

• Make audio tapes

• Write, in your own words, an explanation of the concept
TYPES OF LEARNERS

• AUDITORY
• VISUAL
• TACTILE / KINESTHETIC
AUDITORY LEARNERS

- Remember people's names
- Enjoy listening and talking
- Remember what they hear in lecture
AUDITORY LEARNERS Cont.

- Are easily distracted by sounds and noises
- Find verbal and written instructions helpful
STRATEGIES FOR AUDITORY LEARNERS

• Read the text out loud

• Discuss information in a study group

• Tape lectures and listen in the car

• Tape yourself reading the text and/or your notes
VISUAL LEARNERS

• Forget names but remember faces

• Dislike listening for long periods

• Easily recall information seen in pictures and charts
VISUAL LEARNERS
Cont.

- Are distracted by movement and untidiness
- Like to see demonstrations
STRATEGIES FOR VISUAL LEARNERS

• Must take notes

• Write rather than type

• Use colored pens/pencils
STRATEGIES FOR VISUAL LEARNERS Cont.

• Draw or paste pictures in the margins of your notes

• Read the text that explains the graphics
KINESTHETIC LEARNERS

• Remember what they did in class rather than what they heard or saw

• Talk with their hands

• Prefer to jump right in and try new things
KINESTHETIC LEARNERS

Cont.

• Are distracted by activity around them

• Prefer to talk while doing something, such as walking
STRATEGIES FOR KINESTHETIC LEARNERS

• Use a highlighter to mark the book

• Type class notes

• Draw pictures and diagrams

• Hold the book in your hands while you read

• Walk around while you read
READING FOR RESULTS

• Preview first

• Read before the lecture

• Highlight on the second time through the text
Pay careful attention to words in bold type, and tables or boxes

Use info from the text to add to the lecture notes
NOTE TAKING

• Note the topic, date, and number at the top of each page

• Record what the instructor emphasizes

• Leave spaces between topics so you can add info from the text
NOTE TAKING Cont.

• Make a “?” in the margin next to anything you don’t understand

• Read over your notes that evening

• Develop a support system
REVIEW

• Skim and re-read notes
• Try to summarize from memory
• Answer the study questions at the end of each chapter
• Review what you have highlighted
• Develop your own questions
GREAT RESOURCES

• Your text
• The CAI lab
• Saturday skills lab
• Your instructor
• Skills lab faculty
• ERI remediation