Certified Athletic Trainers
Unique Health Care Providers
The National Athletic Trainers' Association (NATA) represents and supports the 30,000 members of the athletic training profession through public awareness, education and research.

what is the national athletic trainers’ association?
Athletic trainers are health care professionals who collaborate with physicians to serve patients and clients through diagnosis, intervention and prevention of emergency, acute and chronic medical conditions related to impairment, functional limitations and disabilities that limit optimal activity and participation.

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certified athletic trainers

As part of a complete health care team, certified athletic trainers work under the direction of a licensed physician and in cooperation with nurses, athletic directors, school administrators and coaches.

An athletic trainer in the collegiate and secondary school settings will have the opportunity to:

- Prepare athletes for practice and competition
- Evaluate injuries
- Develop injury prevention and conditioning programs
- Implement treatment and rehabilitation programs for injured athletes
- Provide first response to acute and catastrophic injuries
certified athletic trainers in professional sports

• Athletic trainers provide their expertise of musculoskeletal injury prevention, rehabilitation and treatment to the professional sports world.

• With their unique skill set, athletic trainers have been trusted by the worlds’ best athletes for years.

• Approximately 800 NATA members work for professional teams and leagues, including: the NBA, NFL, Major League Baseball, NHL, PGA, professional tennis, auto racing and even the rodeo.
Certified athletic trainers are regularly employed in hospitals, clinics, the offices of orthopedists and in family, pediatric, physiatry and sports medicine practices.

More than 23 percent of NATA members work for some type of clinic.

ATs working in this setting may:
- Obtain patient histories
- Perform physical exams and special tests
- Educate patients and answer questions
- Organize notes and radiographic studies
- Present final case reviews to physicians
- Cast/ Splint*
- DME/Brace Fitting
- Perform Therapeutic Exercise.
- Administer gait training.
- and much more!

*These duties will depend on additional specialty training received.
Athletic trainers work in industrial and commercial settings. They provide services to “Industrial Athletes”.

Athletic trainers working in this setting:
- Implement of injury prevention programs
- Provide ergonomic assessments
- Work-readiness conditioning programs
- Develop health and wellness programming,
- Provide on-site physical rehabilitation
- Develop case management and return to work programs

Some commercial/industrial companies that currently employ athletic trainers:
- Allison Engine
- Appleton Papers
- Coca-Cola
- Dana Corporation
- Delta Faucet
- Daimier-Chrysler
- DuPont
- FedEx
- Frito-Lay
- General Electric
- General Motors
- International Paper
- John Deere
- Johnson & Johnson
- Kodak
- MeadWestvaco
- Navistar International
- Quad/Graphics
- Roadway
- SquareD Company
- Subaru-Isuzu
- SUPERVALU Distribution

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Certified athletic trainers have been working with performing artists for more than 25 years.

World-renowned entertainment venues and performing arts groups employ athletic trainers including:

- Cirque du Soleil,
- Disney World and Disneyland,
- Radio City Music Hall Rockettes,
- Pittsburgh Ballet Theater,
- Cincinnati Ballet
- Blue Man Group utilize an athletic

Performing Arts athletic trainers provide specialized injury prevention and rehabilitative care to dancers, musicians and vocalists.
Athletic trainers’ education and unique skill set provide valuable service to a number of emerging settings, including the military and law enforcement.

In the Armed Forces, athletic trainers work on and off base in fitness and wellness centers, new recruit readiness programs, pre-enlistment readiness programs, initial entry training (IET) and advanced initial training (AIT). In recent years they have applied their skills to the treatment and education of law enforcement personnel.

NATA members are currently working for the Marines, Navy SEALS, U.S. Coast Guard training, the U.S. Army, the Federal Law Enforcement Training Center and the Fairfax County Police Department.
educational requirements

Athletic trainers are not personal fitness trainers. All certified athletic trainers must hold a bachelor’s or master’s degree with a major in Athletic Training from an accredited athletic training educational program. Academic programs in athletic training are accredited through an independent process by the Commission on Accreditation of Athletic Training Education (CAATE).

For more information: visit www.caate.net
The independent Board of Certification, Inc. (BOC) nationally certifies athletic trainers. Athletic trainers must hold a bachelor’s degree and pass an examination to become certified. To retain certification, ATC® credential holders must obtain 75 hours of associated continuing education credits every three years and adhere to a code of ethics.

BOC certification is recognized by the National Commission for Certifying Agencies and is the only accredited certification program for athletic trainers.
BOC certified athletic trainers are educated, trained and evaluated in six major practice domains:

- Prevention
- Clinical evaluation and diagnosis
- Immediate care
- Treatment, rehabilitation and reconditioning
- Organization and administration
- Professional development

Athletic training licensure/regulation exists in 48 states.

For more information, visit www.bocatc.org
how to become an athletic trainer

• **Follow these steps** – visit the “how to become an athletic trainer” page on the NATA website. It gives you all the information you need on: accredited programs, state practice acts and certification
  [http://www.nata.org/education/become_at.htm](http://www.nata.org/education/become_at.htm)

• **Become a member** – college students are eligible to join NATA. You can benefit from networking opportunities and the NATA career center. Visit
  [http://www.nata.org/StudentMembershipReqs](http://www.nata.org/StudentMembershipReqs) for more information
What can you do as a high school student to get into athletic training?

Volunteer – Volunteering as an athletic training student aide will give you great experience and better understanding of a career in athletic training.

Take classes – enroll in a sports medicine or athletic training course at your high school. Many athletic trainers at the high school level teach these types of classes.

Sign up – for NATA’s High School Connection. It gives you access to the NATA News and online networking with college and high school athletic training students.

Apply – for the Jack Cramer Scholarship. The scholarship is awarded annually to a high school senior planning a career in athletic training at the high school level. For more information on the High School Connection and Jack Cramer Scholarship visit: http://www.nata.org/high-school-connection.
Becoming a Certified Athletic Trainer

For more career information contact:

National Athletic Trainers Association

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DSC Athletic Training Education Program
Mission Statement

The Athletic Training Education Program (ATEP) provides college freshmen and sophomores with the tools necessary to be successful transfer students in a CAATE accredited athletic training curriculum program. Students have the opportunity to complete prerequisite courses and gain valuable hands-on clinical and field experience, beginning with the first semester on campus.
ATEP - Academics

Students in the ATEP are enrolled in the AA program with a major in Athletic Training/Sports Medicine (7915). In addition to general education classes, students will take classes that are prerequisites to CAATE-accredited Athletic Training programs at four-year institutions. These courses include, but are not limited to:

- Biology/Lab
- Anatomy & Physiology I & II with Labs
- Chemistry
- Physics
- Principles of Athletic Training
- Care and Prevention of Athletic Injuries
ATEP - Field Experience

Students in the ATEP are given the opportunity to work directly with a variety of college level athletes, assessing and managing injuries that occur on the field of play, under the supervision of a Certified Athletic Trainer (ATC). Athletic training students may be responsible for:

- Injury management during practices, home games, and away competitions as a First Responder
- Sideline injury assessment and return-to-play decisions under the direct supervision of ATs
- Regularly interacting with the supervising AT, players, coaches, and other support staff
- Other duties regarding injury prevention, training room supplies and equipment, and on-field athletic training operations
ATEP – Clinical Experience

Students are also given opportunities to continue the on-field care given to injured athletes in the clinic. They are able to follow an athlete's progress from time of injury through sport specific rehabilitation, to clinical discharge and full return to competition. In the clinic, students may be responsible for:

- Assessing and rehabilitating athletic injuries under the supervision of a Certified AT.
- Performing duties in conjunction with clinic operations including injury documentation and insurance claims
- Communicating with ATs, primary care physicians, and other specialized health care professionals
- Completing entry-level competencies in preparation for acceptance in an accredited four-year athletic training program
DSC ATEP Faculty & Staff

**Kim Csabi**, LAT, ATC - Associate Professor; Director, Athletic Training Services and Education

Courses: PET 2084 Personal Health & Wellness  
PET 2621 Principles of Athletic Training  
PET 2622 Care & Prevention of Athletic Injuries

Office: Bldg 310/249  x3989  csabik@daytonastate.edu

**Trevor Burns**, LAT, ATC – Assistant Professor, Athletic Trainer

Courses: PET 2084  
PET 2621 & 2622

Office: Bldg 310/245  x3435  burnst@daytonastate.edu

Athletic Training Intern – by academic year or semester

**Cindy Iafanti** x3097 and **Alison Mohr** x3400 – Academic Advisors

**Will Dunne** x4486 – Athletic Director; Dean of School of Health/Wellness
THANK YOU!