



Inspire, Energize, Motivate as Never Before



Today's economic challenges present unique tests of managerial skills. A few good suggestions are to reinforce the positive and to groom your talent. This article focuses on suggestions to help you manage those challenges and convert them into successes.

[Read more on motivational suggestions.](#)

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[Management Newsletter](#) (432KB)

Looking for Heroes at Work

Where do people look for their heroes? Many would guess the most likely places would be in sports...or the armed forces...or the fire department...or within the family. Yet a recent survey indicates that many people look for their heroes at work.

[Read more on how an employee would define a hero at work.](#)



Are You Listening to Your Body Language?



Did you know that over 90% of all communication is transmitted through non-verbal or body language? Studies show that listeners get only 7% of your message through your spoken words. The rest of your point is made through your posture, gestures, facial expressions, tone of voice, and other non-verbal signals.

[Read on to see a few examples of non-verbal body language.](#)