

**Daytona State College Sports Medicine  
Procedures Regarding Athletic Injuries and Medical Care  
Developmental Teams**

Dear Student-Athletes and Parents,

Please carefully read all of the information on the following pages before completing the necessary forms. You will be asked to sign a statement saying that you have read and understand our policies, so please be sure to do so. **Parents must complete and sign all forms for any athlete under 18 years of age.**

All forms must be submitted by the due date in order to be eligible for participation in DSC athletics.

**Previous Injuries**

All student athletes must provide documentation from a physician regarding current and/or previous history of medical conditions, including concussion, cardiac incidents, surgeries, and other injuries.

**Written clearance from a medical doctor to participate in athletics, written on his/her letterhead, must be provided for any injury incurred within the last two years for which a doctor was consulted.** If you are currently under the care of a physician or undergoing physical therapy or rehabilitation for an injury, you must submit all paperwork associated with that injury. It is very important to submit **ALL** medical records as requested to avoid any delay in the eligibility process for team participation.

**Copy of Current Insurance Card**

You must submit a copy of the front and back of all health insurance cards, including general medical, dental, and vision, if applicable. If the student-athlete's insurance changes during the school year a new copy must be submitted.

If you have any questions or concerns regarding any of the forms, please contact Kim Csabi, Director of Athletic Training at the number or email listed below.

Thank you,  
Kim Csabi, ATC, LAT, CSCS, LMT  
Director, Athletic Training Services and Education  
Daytona State College  
386-506-3989  
csabik@daytonastate.edu

## INTERCOLLEGIATE ATHLETIC ACCIDENT INSURANCE COVERAGE

**All students participating on DSC developmental sports teams must provide proof of health insurance which covers sports injuries.** Prospective student-athletes must have a completed Athlete Insurance Information form on file with the Office of Sports Medicine **prior** to any participation in team activities. Please complete all requested information in its entirety to avoid any delay in starting practices. In addition, send a photocopy of both sides of your health insurance card. If your insurance company will provide an additional card for the student-athlete, it is extremely helpful.

The DSC Sports Medicine Department must receive any changes to a health insurance policy within 30 days of that change. If proper notification is not received, Daytona State College Athletics will not be responsible for any resulting delays in treatment, payment, collection notices, etc.

***Daytona State College and the Athletic Department do not provide insurance coverage for developmental teams. Please be sure you are aware of your health insurance policies and procedures regarding deductibles and co-pays.*** We recommend that any athlete with a **managed care (HMO/PPO)** policy who resides more than 30-45 minutes away from Daytona Beach change his/her primary care physician to a local one, preferably Daytona State College's primary care physician. **This change will greatly lessen the amount of time, money, and energy spent on accessing appropriate health care, and therefore, time away from active sport participation.** Please contact your insurance company to inform them that your son/daughter will be away at college.

### **ATHLETIC PHYSICAL EXAMINATION:**

All students wishing to participate on a developmental team must provide a physical exam conducted by a board-certified physician. Physical Exam forms may be printed from the website and taken to the family physician to be completed.

Students may find themselves placed on a **"Provisional"** status after their physical exam. This means that some additional information, testing or monitoring of the student-athlete is required in order to be eligible for team participation. Students may play or practice with the team as long as **they comply with the restrictions or recommendations of the Sports Medicine Staff.** Failure to meet deadlines or cooperate with the Sports Medicine Staff while on a **"provisional"** status will result in the student-athlete being medically ineligible to participate in **ANY** College athletic activity. Students who have not been "cleared" by the physician conducting their exam may require further evaluation and possible testing by the Sports Medicine Staff for any problem(s) that may inhibit full participation. Students who have not been cleared as a result of the athletic physical exam may **NOT** play or practice with the team until specific tests or necessary information is obtained. **The final decision regarding participation in athletics resides with the Daytona State College Team Physician and Sports Medicine Staff.**

Director of Athletics: Will Dunne	(386) 506-4486
Assistant Director of Athletics: Cindy Iafanti	(386) 506-3097
Director of Athletic Training: Kim Csabi, MESS, ATC, LAT, LMT, CSCS	(386) 506-3989
Staff Athletic Trainer: Trevor Burns, MS, ATC, LAT, CSCS	(386) 506-3435
Athletic Training Clinic:	(386) 506-3743