## Dr. Alan Schlossman

## Daytona Campus, Building 500, Room 116

## Fridays, 11:20 AM-12 PM

|         | Fall 2015                      |
|---------|--------------------------------|
| Aug 28  | Note Taking Strategies         |
| Sept 4  | Testing Strategies             |
| Sept 11 | Stress Management              |
| Sept 18 | Learn How to Meditate          |
| Sept 25 | Movies to Learn From           |
| Oct 2   | Time Management                |
| Oct 9   | Goal Setting                   |
| Oct 16  | Reducing Procrastination       |
| Oct 23  | How to Become a Master Student |
| Oct 30  | Philosophy to Live By          |
| Nov 6   | Testing Strategies             |
| Nov 13  | Time Management                |
| Nov 20  | Goal Setting                   |
| Nov 27  | Holiday                        |
| Dec 4   | Learn How to Meditate          |
| Dec 11  | Stress Management              |
| Dec 18  | Learn How to Meditate          |